



PILOTING REPORT

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Introduction

The piloting phase of the StrongerYouth project aimed to test the materials developed within Work Package 3. The piloting involved each mentor-mentee pair (6 pairs for each country in total) implementing at least five selected activities from the toolkit, under the guidance of three supervising educators. In addition to evaluating the practical application of the tools, a brief assessment was conducted to gather feedback from participants regarding their initial expectations, their experience during the testing process, and their overall satisfaction with the activities.

WP4 – Piloting phase Report

<i>Piloting phase with mentors, mentees and educators – Report table</i>	
<i>Partner organisation</i>	PRISM
<i>Dates of implementation</i>	March 2025
<i>Venue of implementation</i>	Caltanissetta/Palermo
<i>Profile and number of participants</i>	6 mentor-mentee pairs and 3 supervising educators
<i>List of implemented activities from Set of Tools (at least 5 per pair)</i>	<ul style="list-style-type: none"> - Comunicazione (x3) - Autoregolazione (x9) - Empatia (x8) - Risoluzione conflitti (x6) - Definizione Obiettivi (x7) - Consapevolezza di sé (x5) - Sviluppo personale (x5) - Meccanismi di coping (x4) - Salute mentale (x7) - Costruire relazioni (x11) - Lavoro di squadra (x3) - Regolazione emotiva (x3)

	<ul style="list-style-type: none"> - Gestione del tempo (x2) - Gestione dello stress (x2)
<i>Implementation description</i>	<p>During the training, three main tools were introduced and tested. The Educators' Guide provided detailed instructions for implementing activities, supervising mentor-mentee pairs, and effectively using the OSAT platform. The Set of Tools offered a wide variety of activities designed to foster different social skills. Participants had the opportunity to directly experience these tools and contribute with valuable feedback to support their improvement. At the end of the training, all materials were shared with participants in preparation for the next project phase, which involved national pilot testing. The piloting activities of StrongerYouth were carried out by Training&HR at their headquarters in Caltanissetta.</p> <p>The activity involved testing the project's Set of Tools with 3 educators and 6 mentor-mentee pairs, each of which was required to test at least 5 activities (total activities implemented: 30). Each participant then completed a pre- and post-evaluation questionnaire.</p>
<i>Experience, best practices and lessons learned</i>	<p>Evaluation: What was the participants' feedback?</p> <p>Did you get any new ideas or tips?</p> <p>Overall, the participants were satisfied with the</p>

	activities and the tools they were provided. All participants have developed new competences and improved their social skills such as public speaking, communication and empathy. Some participants highlighted the effectiveness of the activities carried out, suggesting to repeat them in the future and to involve more adult figures in the activities.
<i>Proof of Activity</i>	All participants received the Youthpass certificate, a European recognition that validates the competences acquired through non-formal learning activities supported by the Erasmus+ Programme.
<i>References/source</i>	Materials used, link to project shared folder
<i>Comments or remarks, if applicable</i>	