



# STRONGER YOUTH

November 2024

Newsletter 2

## STRONGER YOUTH OBJECTIVES

- Promoting socioemotional skills in adolescents at risk of depression or social exclusion, through mentoring relationships with peers.
- To build a peer mentoring program as a preventive intervention of mental health and inclusion problems for adolescents.



## EXPECTING RESULTS

- **Toolkit:** Designed to assess the social, personal, and psychological skills of young people.
- **Educator's guide:** toolkit for peer mentoring, focused on developing the personal and social skills of both mentors and youth.
- **Pilots:** Designed to test in practice the prepared tools, including the mentors' self-assessment tools.





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## MEETING IN VALENCIA

On 29 and 30 October 2024, the second meeting of the project took place in Valencia, Spain. This event was very fruitful in the development and course of the project.

During these two days, the project partners met to exchange ideas, set goals and draw up an action plan to strengthen resilience in young people, promoting the prevention of depressive behaviors and social exclusion.



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