



STRONGER YOUTH

July 2025

Newsletter 3

WELCOME TO THE 3RD STRONGER YOUTH NEWSLETTER!

We're now in the core phase of the project, with peer mentoring activities underway in all partner countries. After our international training in Palermo, educators and young mentors are putting the project tools into action. Stay tuned as we test and improve our methods to better support youth at risk of social exclusion.



LTTA in Palermo

On March 25–26, the Stronger Youth project held an inspiring workshop in Palermo, bringing together educators and young mentors from six countries. Each team included one educator and two mentors, all focused on strengthening peer mentoring using new educational tools. In the coming months, the project will move into practical implementation, supporting young volunteers in helping peers at risk of depression or exclusion.





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WP4: Piloting sessions

As part of the Stronger Youth pilot phase, all project partners successfully carried out local mentoring processes involving trained educators, young mentors, and their mentees. Following preparatory training held in Italy, each country launched a practical peer mentoring initiative based on the project's tools and methodology. In total, 18 educators, 36 mentors, and 36 mentees took part across Europe. These pilot activities provided valuable feedback on the real-world applicability of the toolkit and the online self-assessment tool, allowing the partnership to refine the materials before final publication.



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